

YMCA – YWCA Camp Stephens





-Camp Stephens is a branch of the YMCA-YWCA of Winnipeg

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-Camp Stephens is located on Lake of the Woods near Kenora, ON – approximately 2 ½ hours from Winnipeg

-Camp Stephens can accommodate over 200 staff and participants



YMCA - YWCA

**We build strong kids,
strong families, strong communities.**



Established in 1891



Camp Stephens Staff

- Have a Criminal Record Check and Child Welfare Check
- Have a minimum of Standard First Aid
- Have a swimming certification
- Have a week long training session
- Work with your teachers to provide a great camp experience
- Counsellors are assigned a cabin of students and are with this group for activities, meals and nights.

Arriving at Camp



Dining Hall





- Food is served Family Style
- Food is balanced to be child friendly as well as nutritious
- Food allergies and dietary restrictions as received from your school will be accommodated

Breakfast can include:

-Cereal, Fruit, Eggs, Muffins, Bagels, Waffles, Bacon, etc

Lunch can include:

- Grilled Cheese, Soup, Hamburgers, Macaroni and Cheese, Veggies and Dip, etc

Dinner can include:

- Baked Chicken, Lasagna, Fettuccini Alfredo, Chili, Salads, etc



Main Lodge



Cabins



Cabin Interior



- 6 Bunks – 12 Beds
- Storage areas
- Camp Stephens staff sleep in the cabins to supervise at night



Wellness Centre



Shower House





Out Door Gym





Swim Dock



Activities

Swimming



High Ropes





Sailing



Climbing



Canoeing



Kayaking



Navigation



A Typical Camp Stephens Day

7:20 am	Wake Up!
8:00 am	Breakfast
9:00 am	Activity Block
10:30 am	Activity Block
12:30 pm	Lunch
1:45 pm	Free Time Optional Swim
2:30 pm	Activity Block
4:00 pm	Activity Block
5:30 pm	Supper
7:00 pm	Activity Block
8:00 pm	Campfire
9:30 pm	Snack and head for Bed

QUESTIONS?

